

North Carolina Problem Gambling Program

1-877-718-5543

www.morethanagamenc.com

College Gambling: Is it More Than A Game?

Recommendations for College Educators, Counselors, and Prevention Specialists

I. Screening:

Include at a minimum the 2 question “**Lie/Bet**” tool to rule out problem gambling behaviors any time a student is screened for any risky behavior for any reason.

“Lie/Bet” questions:

1. Have you ever felt the need to bet more and more money?
2. Have you ever had to lie to people important to you about how much you gambled?

Students who answer “yes” to one of these questions should be referred for further a complete assessment and evaluation. For treatment providers in North Carolina, call **1-877-718-5543

II. On-Campus Awareness Campaign:

- Educate campus **counseling services** and have materials available on problem gambling warning signs/symptoms and resources for problem gambling side-by-side with information on other risky behaviors.
- **Curriculum infusion:** include problem gambling with addictions courses especially for incoming freshmen.
- Include problem gambling **awareness resources** to incoming freshmen and their parents through the orientation process.
- **Resident hall advisor training** to recognize warning signs of problem gambling and be familiar with available resources.
- Provide problem gambling **resources to athletes, coaches, and administration** through in-service education and training.
- **Collaborate with key groups to raise awareness** of the Helpline number and web resources (i.e. Student Council, Fraternities/Sororities, Student Groups, and Associations).

III. Policy (College/University/Community College)

- Enforce existing school policies related to underage/illegal gambling. If no gambling policies currently exist, advocate and work to create them.
- Encourage inclusion of gambling questions in all on-campus health surveys and studies in order to elevate the knowledge of how gambling is affecting college-age students in addition to creating a valuable source of data for future study

For free confidential information and/or referral regarding a gambling problem, call **1-877-718-5543** or visit

morethanagamenc.com